

COMPANY HANDBOOK

This handbook contains everything you need to know about Bay Area Dance Moves competition team, including rates, dates, and more!



Welcome to the 2026-2027 season of Bay Area Dance Moves competitive team! We are beyond excited to support you in honing your craft, growing as artists, and achieving new levels of excellence in dance. Whether you are a returning dancer or new to our team, we are excited to welcome you to the Dance family!

This season promises to be a well-rounded experience, where every practice and performance is a stepping stone towards greater artistry and personal development. We firmly believe that each dancer brings unique energy and talent that enriches our community, and we can't wait to see each one of you trust in yourselves and support each other in reaching new heights.

Get ready for a season of hard work, passion, and camaraderie as we embark on this exciting journey together. Let's make the 2026-2027 season one to remember!

Welcome to the team!

Stacey Dries *Erica Miller*

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Studio

Communication

Preferred Communication Channels The best and quickest way to reach us is via email either to EricaMiller.BADM@gmail.com or BayAreaDanceMoves@gmail.com. Please be sure to download the BAND app and join our BAND group! BAND is the most effective way to stay informed and receive the latest updates regarding our team. All of our communication channels are as follows:

- **Studio Email:** BayAreaDanceMoves@gmail.com
- **Admin:** EricaMiller.BADM@gmail.com
- **Call or Text:** 346-586-7222
- **BAND App:** Join Our BAND Group
- **Instagram:** @Bay_Area_Dance_Moves
- **Facebook:** @Bay Area Dancemoves

Studio Communication All important studio information will be sent via email. Please ensure you are regularly checking your inbox and spam folders to stay updated. We also send monthly newsletters via email to keep everyone informed about upcoming events, important dates, and studio news.

Competitions & BAND App Use During competitions, we rely exclusively on our BAND group chats for communication; this ensures that all teachers, dancers, and parents are on the same page and can assist each other quickly. Similarly, the BAND app is the only platform that sends notifications directly to our faculty's phones; we won't see other notifications. *Please Note:* At competitions, our teachers are fully focused on supporting our dancers; this includes warming them up, assisting with costume changes, coordinating with competition staff, sending dancers backstage, rehearsing numbers, and much more. Because of this, we ask that all communication during competitions goes through our BAND group chats. Using BAND helps us ensure that any questions are seen by the whole team, and everyone can pitch in to help out fellow dancers and parents. We'll provide all the information you need in advance, and BAND will be our main way to stay connected and organized as a team during the busy competition days!

**JOIN OUR PRIVATE
BAND APP**

Download the BAND app and join our private group for instant updates and notifications sent directly to your phone! Enjoy exclusive photos, group chats, and more!



Mission & Core Values

Purpose and Values of Our Competitive Team: At Bay Area Dance Moves, our team is a testament to our commitment to excellence in dance and personal growth. We stand for more than just winning trophies; our goal is to foster a supportive and inclusive environment where serious dancers can challenge themselves, refine their skills, and grow as artists and individuals. Our competitive and performance teams are designed to encourage discipline, teamwork, and resilience, ensuring each dancer leaves with not only improved technique, but also a sense of community and leadership skills. We believe that every performance is an opportunity to showcase the hard work and passion of our dancers, setting a standard of high-caliber artistry that reflects the future of dance education.

Qualities We Seek in Team Members: We are looking for dedicated dancers aged 5-18 who are eager to be part of our team here at Bay Area Dance Moves. These artists demonstrate a strong work ethic, a willingness to learn, and a passion for dance. We value team-oriented individuals who are motivated by both personal and collective success, and who bring a positive, inclusive attitude to every rehearsal and performance. Our team members are expected to be committed to their dance education and embrace the opportunity to mentor younger dancers, helping to create a nurturing environment that cultivates leadership and artistic growth. If you have a desire to push your limits and thrive in a professional, supportive dance community, we invite you to join us in this exciting journey!

What to Expect: At Bay Area Dance Moves, we hold ourselves to high standards, and we expect our dancers to rise to them. When you step into our studio, you're leaving the outside world at the door. Whatever happened that day, let it go. You're here to learn, grow, and immerse yourself in the joy of dance. Our studio is a place for you to pursue your passion with focus, determination, and artistry. Bring your best energy to every class. This means working hard, being open to corrections, showing up on time, and coming prepared. We understand that it's not always easy to stay motivated, but that's why we're here—to guide you, push you, and support you through the tough times. Your teachers, your peers, and your parents are all in this together to encourage you every step of the way. Our team has big goals, and reaching them requires commitment and effort. We don't settle for half-hearted attempts or giving up when things get tough. We provide you with the tools—both physical and mental—to help you reach your fullest potential. Some days will be hard, exhausting, and you might wonder why you're pushing yourself so much. But as you start achieving your goals, you'll see your hard work paying off. What once seemed impossible will become your new strength, and you'll understand the importance of the process. We're a community that thrives on support and teamwork. Here, you're expected to focus on your own progress while also lifting up your fellow dancers. When one of us succeeds, we all succeed. Bring positivity to the classroom, be the light that lifts everyone up, and watch how the energy around you transforms. With this attitude, you'll start to *love* the process. Conditioning will become an exciting tool to strengthen your body and help you achieve your goals. Each class will be a precious opportunity to learn alongside your friends. You'll value the convention experiences and long competition days, feeling grateful for the chance to compete and improve. The recognition you receive at conventions and competitions will be a testament to your hard work, but the real reward will be the mental strength and confidence you've built along the way. You'll realize just how strong you are and understand that this mindset can help you achieve whatever goals you have in *life*. Remember, "it is the things we work hardest for that will reward us the most."

Company Policies

For Dancers: At Bay Area Dance Moves, we believe that respect, positivity, and professionalism are fundamental to our success. As a dancer, you are expected to embody these values at all times. Treat your teammates, faculty, and competitors with kindness and respect, and approach every class, rehearsal, and performance with dedication and a positive attitude. Come prepared with the proper attire and materials, and be punctual and ready to participate fully. We are a drama-free studio, and we do not tolerate gossip, negativity, or speaking ill of others. Our focus is on building a supportive, inclusive environment where everyone can thrive and grow as artists.

For Parents: Parents play a crucial role in supporting our dancers and contributing to a positive studio environment. We expect parents to communicate respectfully with faculty and other parents and to address any issues directly and constructively. Your involvement in your dancer's journey is vital, and we ask that you ensure they adhere to the attendance policy and participate fully in team activities. Parents are also expected to model good sportsmanship and a cooperative spirit, supporting all team members and contributing to a drama-free atmosphere. Lift up and support all our artists, teach your child the value of perseverance and work ethic, and encourage a team-oriented mindset.

For Faculty: Our faculty is dedicated to creating a nurturing and professional environment for all dancers. We lead by example, maintaining high standards of professionalism in all interactions and providing constructive feedback to support each dancer's growth. Faculty members are expected to be punctual, prepared, and fully engaged in all classes and rehearsals. We value open communication and are here to address any concerns promptly and effectively. Our commitment is to the well-being and development of our dancers, and we strive to maintain a focused, drama-free studio environment at all times.

Commitment to Regular Attendance: Regular attendance is essential for the success of our competitive team. Dancers are expected to attend all scheduled classes, rehearsals, and performances. Consistent participation is key to team cohesion and individual progress. While we understand that occasional absences may occur, frequent absences will hinder a dancer's ability to perform effectively and grow as a dancer, which may impact their eligibility for performances and competitions. We ask that all absences be communicated to the faculty in advance (at least 24 hours) to allow for proper planning and adjustments.

Procedure for Reporting Absences: If a dancer is unable to attend a class or rehearsal, please notify the Company Assistant Director via email at EricaMiller.BADM@gmail.com as soon as possible. For planned absences, advance notice is required. In the case of illness or emergencies, please inform us immediately. A doctor's note may be required for prolonged absences due to illness to ensure that the dancer is safe to return to training. Your dancer plays an integral role in our competitive team, and their attendance affects their entire team.

Make-Up Classes or Rehearsals: To ensure continuity in training, dancers are encouraged to attend make-up classes for any missed classes. Make-up classes should be scheduled within four weeks of the missed session; this helps dancers stay on track with the team's progress and ensures they do not fall behind in their training. If your dancer misses rehearsal, private lessons are strongly encouraged or may be required depending on how many rehearsals they've missed. Your dancer's progress and their impact on the team are our top priorities.

Performance and Competition Attendance: Attendance at all scheduled performances and competitions is mandatory. We rely on every dancer's participation to represent Bay Area Dance Moves with excellence and pride. Moreover, our dancers work incredibly hard to put their best foot forward at performances and competitions, and just one dancer's absence hurts the entire team. Absences from these events will be taken seriously and may result in removal of the dancer's placement on our team.

Company Policies

Convention Attendance: Full participation in all convention classes is mandatory for dancers, regardless of their usual styles or personal preferences. These events are vital for exposing dancers to diverse techniques, enhancing their versatility, and providing opportunities to learn from industry leaders. Dancers are expected to attend every class with a positive and open-minded attitude, demonstrating commitment and resilience even when faced with unfamiliar styles or physical fatigue. Conventions are also a time for team bonding and mutual support, and we encourage all dancers to uplift and help each other throughout the event. Parents should ensure their dancers are prepared and supported, promoting a healthy balance of nutrition, hydration, and rest before the weekend begins.

Mandatory Team Meeting: Team meetings are an integral part of our communication and planning process. Team meetings will meet as necessary and dates will be provided in the calendar. Attendance at these meetings is mandatory for both dancers and parents. These meetings provide important updates, discuss the season, and offer a platform for questions and feedback. Team meetings should be approached with a respectful and cooperative attitude. Any other meeting dates and times will be communicated in advance. These meetings are a crucial aspect of our team's success, and we appreciate your commitment to making them productive and constructive.

Full Season Commitment: The competitive season runs from August 3rd, 2026, to July 2nd, 2027 (May 15th, 2026 if on performance team), encompassing all scheduled classes, rehearsals, performances, and competitions. By joining Bay Area Dance Moves competitive or performance team, dancers and parents commit to full participation throughout the entire season. This commitment is essential for maintaining team cohesion and ensuring the success of our collective efforts. If any issues or conflicts arise that may impact a dancer's schedule, we ask that you communicate with the Company Assistant Director immediately so we can address them appropriately. This commitment is essential for maintaining team cohesion and ensuring the success of our collective efforts.

Teamwork and Cooperation: The success of our team depends on the cooperation and teamwork of all members, including dancers, parents, and faculty. We expect everyone to work together harmoniously, supporting each other and contributing to the team's goals. A positive and cooperative spirit is essential for creating a productive and enjoyable environment; therefore, open and respectful communication is the cornerstone of our team's success. We expect all members to maintain clear and respectful communication channels, addressing any concerns promptly and constructively. If conflicts or issues arise, we ask that you email us at Bayareadancemoves@gmail.com with your concern and availability to schedule a parent <> teacher meeting.

Commitment to Excellence: We strive for excellence in all aspects of our participation, from training and rehearsals to performances and competitions. We expect all team members to uphold the values and standards of Bay Area Dance Moves, striving to achieve their best in every endeavor. Our commitment to excellence sets us apart and ensures that we continue to grow as a team and as individuals!

Adherence to Guidelines: By joining the Bay Area Dance Moves' team, all members must adhere to the guidelines and policies outlined in our handbook's policies. These expectations are designed to ensure a positive and productive experience for everyone involved. By following these guidelines, we can maintain a supportive and drama-free environment where everyone can thrive!

Schedule Details & **Requirments**

Tailored Scheduling: Our class schedule is crafted with each dancer's growth and development in mind. We have made every effort to accommodate various schedules while ensuring efficiency by scheduling each level's classes back-to-back; this eliminates unnecessary breaks, making the most of our dancers' time. Class hours are aligned with CCISD school schedules, ending at times appropriate for each age group, taking into account their developmental needs and homework responsibilities.

Classes Offered: Our class schedule is designed to provide a balanced curriculum that ensures our students receive a comprehensive dance education. Our schedule is structured to include: 30% Classical Training (Ballet), 30% Technique (Jazz, Technique, Turns & Leaps), and 30% Electives (Contemporary, Acro, and more). This balanced approach ensures that our students develop into well-rounded dancers, equipped with the skills and versatility necessary for success in both competitive and professional dance environments.

Training Focus: Our primary focus is on providing exceptional training for all dancers. We believe that well-trained dancers form the foundation of a successful rehearsal and performance experience. Therefore, our class schedule prioritizes training classes over rehearsal time to ensure that our dancers develop the necessary skills and technique to excel in their art.

Group Rehearsals: Each competition piece has a dedicated rehearsal slot per week for the entire season. If additional rehearsal time is deemed necessary, we will communicate with parents and dancers to arrange Friday or Saturday rehearsals; this may be discussed in the late fall and all of spring as we approach competition season. Scheduling these extra rehearsals are collaborative efforts between the teachers, students, and parents, and they come at no additional cost.

Solo and Duo Rehearsals: Solo and duo rehearsals will also have a dedicated weekly rehearsal slot. We will coordinate with parents to finalize these slots before the season starts.

Minimum Class Enrollment: All company dancers, regardless of age or level, are required to take a minimum of three classes per week in addition to their weekly rehearsals. These foundational classes are essential for building a solid technical base and ensuring consistent progress throughout the season. If your dancer is only going to take the minimum requirements, we strongly recommend the following classes: 1 Ballet, 1 Stretch and Strengthen or Tumble, and 1 Dance Technique class.

Additional Class Recommendations: While the minimum requirement is three classes per week, we strongly recommend that dancers take all of the classes within their level to maximize their growth and preparedness, especially if they plan to take have solos. This approach accelerates progress and ensures that dancers are continually challenged. The average competitive dancer trains around 5 hours per week, regardless of age. By taking advantage of all available classes, dancers not only prepare themselves for competitions, but also set the foundation for long-term growth and achievement in their dance journey!

REQUIRED DRESS CODE

BALLET



Required Tights:

Pink tights are required for ballet classes. No runs or large holes. You can purchase these from Dance Moves, Backstage Dancewear, or Amazon.



Required Shoes:

We require a pink canvas split sole ballet shoe. You can purchase these from Dance Moves, Backstage Dancewear, or Amazon.



Required Leotard:

Black Leotard is required. You can purchase these from Dance Moves, Backstage Dancewear, or Amazon.



Optional Ballet Skirt:

Skirts are optional. Various colors and patterns are accepted!



For Boys:

Please wear a white shirt, black tights, and black ballet shoes.



Ballet Hair:

Hair must be secured in a slick ballet bun styled with gel to ensure zero flyaways. If your dancer has ballet, please ensure they wear their hair in a slick bun the entire day. Common and recommended ballet bun hairstyles are low buns, high buns, front twists into a bun, or a cinnamon roll ballet bun.

Jazz/Lyrical



Required Shoes:

Tan Jazz Shoes and Tan Turners (Half soles) are required for classes and rehearsals. You can purchase these at Dance Moves, Backstage Dancewear, or Amazon.

Rehearsals



Required Attire:

Black, form-fitting pants or shorts along with your team tank is required for rehearsals. When in rehearsal, dancers are permitted to wear the team sports bra. No baggy pants or t-shirts are allowed.



Hair: Hair must be in a slick ponytail or bun. No loose pieces. If their hair is hindering their performance in class or rehearsal, they may be asked to correct it.

THE DRESS CODE IS REQUIRED

If your student is not in the appropriate attire as stated in our studios dress code, they will be asked to leave class to change into the appropriate attire.

- August 3 - 7: Choreography Week (Refer to calendar)
- October: Performance TBD
- October 23: Halloween Party (All Teams)
- November: Performance TBD
- November 7: Fundraiser (Competition Team Only)
- December: Performance TBD
- December 11: Christmas Party (All teams)
- January 16: Winter Showcase (All Teams)
- ----- All Items below are still being negotiated -----
- January 23 - 25: Starquest Baytown Competition
- February 13: Galentine's Party (All Teams)
- February 27 - March 1: 8National Talent Competition Margaritaville Conroe
- March 20 - 22: Ultra Dance Competition
- March 27: Team Tryouts (All Teams)
- April 24 - 26: PAC Competition ULH Center
- March 29 - April 2: Studio Pictures (during class time)
- May 14: Dress Rehearsal
- May 15: Recital (All Teams)
- May 22: Team Tryouts (All Teams)
- June 22: End-of-Year Dinner (All Teams)
- June 28 - July 2: Revolution Talent Nationals Galveston Island Convention Center

Calendar

Information

Company Auditions: All dancers, whether new or returning, must re-audition each season to secure their spot on the company team. Auditions are scheduled for March 28th and May 23rd, with the following times:

- **March 27th:** 9:30 AM - 11:30 AM
- **May 22nd:** 9:30 AM - 11:30 AM

Dancers only need to attend one audition date and must submit their Audition Form before the tryout date.

Company Choreography: Our choreography for the season is taught intensively in one block of time. This year, choreography will be set from August 3rd to August 7th. If you have any unavoidable conflicts during this period, please email us at EricaMiller.BADM@gmail.com so we can accommodate. This may require private lessons to catch the dancer up on choreography. The group choreography schedule will be shared by July 15th. Solos and duos will learn choreography during the season at an assigned time slot.

Company Exclusive Parties: We are hosting exclusive parties for our company dancers throughout the season. With our Pool Party, Halloween Party, Christmas Party, Galentine's Party, and Team Dinner. Please refer to the calendar for dates and times for each party. Dancers are encouraged to participate in our gift exchange with a price range of \$15 - \$20. Dancers will enjoy a night of fun and team bonding, including dancing, music, various crafts, and games. More details will be shared closer to the date.

Halloween Party: The Team Halloween Party at Bay Area Dance Moves is a fun event held in the fall! This is a complimentary party with snacks, games, creating banners and flyers for the upcoming fundraiser, and a gift exchange. Dancers are invited to dress up in their Halloween costumes! More details will be shared before the event. We can't wait to see you there!

Competition Team Fundraiser: A Each year we try to host 1-2 fundraisers to help our competition team with competition entry fees for Nationals. We have a carwash in the fall and another fundraiser in the Spring. This is a wonderful opportunity for team bonding and working towards a goal together. More information will be provided as the date approaches.

Calendar

Information

Christmas Party: The Team Christmas Party at Bay Area Dance Moves is a fun way to close out the end of the year and is held before we go on Christmas break! This is a complimentary party with snacks, games, creating spirit clips for the season, and a gift exchange. Dancers are invited to get festive for the season! More details will be shared before the event. We're excited to celebrate!

Winter Showcase: Join us for our annual Winter Showcase! This is an additional performance for your dancer to take the stage as a part of our company team. This local performance is a fantastic opportunity for dancers to overcome pre-stage jitters and enjoy performing with friends! Further details will be provided as we get closer to the event.

Parent Meetings: We have 2 mandatory parent meetings throughout the season to help better prepare everyone for the season and go over the details that are specific for each season. We host our first one January 9th at the Winter Showcase and the second one for the new season TBD.

Optional Conventions: We support dancers who want to attend extra conventions, and we have the following optional conventions on our schedule: Tremaine (October 25-26), NYCDA (November 14-16), and Elevation on Tour (January 30 - February 1). If there are other conventions you are interested in, and they do not conflict with our mandatory schedule, we can enroll your dancer! Please email us at EricaMiller.BADM@gmail.com or [message us](#) on BAND to get started.

Galentines Party: The Team Galentines Party at Bay Area Dance Moves is a fun event we hold in the spring! This is a complimentary party with snacks, games, activities, and our last gift exchange of the season! Dancers are invited to wear their favorite pinks and reds! More details will be shared before the event.

End-of-Year Dinner: Join us for our end-of-year dinner on June 22nd, celebrating a fantastic season of dance! More details will be shared in the spring.

Competition

Preparation

Hairstyle: Our team's hairstyle for competitions is a sleek, middle part, low ponytail. Please follow the tutorial in the link provided to achieve this look: [Middle Part Low Ponytail Tutorial](#). We require all dancers to adhere strictly to the tutorial, ensuring that there are zero bumps or flyaways; however, you do not need to wrap hair around the elastic. Instead, use a hair tie that matches your dancer's hair color and secure the ponytail. Use a generous amount of gel to smooth down any stray hairs. Finish with a liberal application of hairspray to keep the hairstyle in place throughout the competition. The hair should not move at all.

Makeup: All company dancers must wear full hair and makeup for competitions. This ensures a uniform look that helps our dancers stand out on stage. Parents are responsible for providing their dancers with the necessary hair supplies, makeup, and earrings. Follow this makeup tutorial exactly: [Makeup Tutorial](#). The tutorial includes all the necessary steps for contouring and adding enough color to make sure our dancers' features are visible from the stage.

Specific Makeup Requirements: All dancers must use Lipsense to ensure a uniform lip color across the team. You can order this through our representative, Anita Guerrero. Please email Anita and request the starter kit A_Guerrero1@yahoo.com

Earrings: Dasha Crystal Performance Earrings are required for all competitions. The specific earrings must be purchased from the following links or purchased through the studio to ensure consistency in appearance:

Pierced Ears: [Dasha Crystal Performance Earrings for Pierced Ears](#)

Clip-On Earrings: [Dasha Crystal Performance Earrings for Clip-On](#)

Nail Polish: All nail polish must be removed before a competition. The only acceptable colors are nude or French tips for both fingers and toes.

Permanent Jewelry: Any permanent jewelry must be removed or completely covered with nude body tape. This includes any new piercings that cannot be removed; they must be covered with nude body tape or small band-aid cutouts to ensure they are not visible on stage.

Call Time Requirements: Dancers must arrive at the venue 2 hours before their scheduled performance time. For example, if a performance is at 3:12 PM, the call time is 1:12 PM. At call time, dancers should be inside the venue with hair and makeup done, but they do not need to be in costume yet. Immediately after arrival, dancers will stretch and warm up with the team (30 minutes). Then, we will rehearse our routine (60 minutes). Afterward, dancers will change into costumes and make any necessary hair and makeup touch-ups (15 minutes). Finally, dancers will go backstage 3-4 numbers before they go on. It's important to note that competitions often run ahead of schedule, and dancers may have quick changes, meaning they rarely have 2 hours between each routine. Therefore, the 2-hour call time is the *absolute* latest to arrive and ensures dancers feel prepared for the stage!

Competition Conduct: Parents' role at competitions is to provide encouragement from the audience, supporting their dancer and the entire team! Your positive energy helps create a constructive and uplifting environment. Dancers' role is to demonstrate professionalism, respect their parents, teammates, and teachers, and bring a goal-oriented mindset to the space. They should approach each competition with dedication and positivity, focusing on personal growth and the collective success of the team! Teachers' role is to guide and prepare dancers with a focus on both technical excellence and mental readiness, ensuring they feel confident and capable on stage! We provide structured training, detailed feedback, and encourage open dialogue to address any of the dancers' challenges or concerns. It is important that everyone respects these roles to ensure clear, effective support for our dancers and a successful competition experience for the entire team.

Convention

Preparation

Check-In Process: Our Competition Director, Erica Miller, will handle the check-in process for the studio to ensure we do not misplace the team's wristbands, numbers, or other important items. She will distribute any items during the welcome and warm-up on during your designated time/day. You do not need to check-in your dancer personally. Dressing rooms are normally assigned. We ask that parents and dancers wait in the lobby until Erica Miller has been given the dressing room location.

Exact Weekend Schedule: The workshop and competition schedule becomes available approximately 7-14 days before each event. Once we receive the schedule, we will post it on BAND and will continue to update if there are any changes.

Approximate Weekend Schedule: Solos typically compete on Friday starting at 4:00pm, although some competitions may schedule group dances. Saturday's schedule begins with the morning welcome and warm-up 15 minutes after your designated arrival time. Most of the time, the competition on Saturday and Sunday starts at around 8:00AM and often runs late into the night. *NOTE: Most of the time it's about a 6 hour window of competing time and conclusion of awards.* Of course this is dependent on your dancers level, age group, and how many dances they will be competing. We encourage all dancers to stay for their award ceremony to receive their award and recognition for their hard work!

Class Participation: Dancers are required to participate in all classes (if provided), even dance genres they haven't tried or don't particularly like; this helps them become a versatile artist, and they might find a new interest for a particular style!

Convention Attire: When attending conventions, dancers won't have time to change between classes, so dressing in layers is key. Start with a form-fitting base like a leotard or a dance set (sports bra and briefs or leggings). Add layers for specific classes if desired, such as a ballet skirt for ballet or sweatpants for hip hop. Choose bright colors and make sure your dancer feels confident in their outfit. Common dancewear brands include Tiger Friday, Jo+Jax, Honeycut, Chelsea B, Five Dancewear, and Oh La La Dancewear. Makeup isn't required for workshop classes, and any hairstyle is fine, though most dancers prefer a polished look like a slicked-back ponytail, a braided ponytail, or a bun. Dancers need to wear their number on their chest during workshops, so bring safety pins or convention magnets. We recommend Scar and Co.'s large magnets, which won't damage dancewear. Pack all of your dancer's shoes, even if a specific class isn't on the schedule. If your dancer doesn't have shoes for a particular genre, there's no need to buy new ones — they can go barefoot or wear jazz shoes instead.

Lobby Etiquette: Please make sure your dancer avoids running in the hallways or practicing acrobatic tricks. If you need to warm up or rehearse competition pieces, find a quiet spot and be mindful of your surroundings. Don't be afraid to compliment someone's costume, congratulate those who just finished competing, and make new friends in the lobby. Always be kind to other moms, dancers, and studios.

Theatre Etiquette: Please apply standard theatre etiquette while watching the competition. Do not enter or exit the theatre while a dancer is performing; wait for a break between numbers to move in and out. Make sure to turn off phone notifications or set your phone to silent mode. When watching a performance, do not stand up or move around, especially in front of cameras or other audience members, as this can obstruct parents' views and disturb the photos/videos. The front row is reserved for studio owners, dance teachers, and directors only. Most competitions do not allow videos or photos for protection of the dancers. Please do not take any videos or photos during the event as this could result in disqualification. The competition will provide videos and photos following the event!

Cost

Considerations

Part of the commitment to the Company Team is being up-to-date with all accounts related to your participation. Payments not kept current could result in disqualification from the program. If you prefer a weekly or bi-weekly payment plan, please check with the studio office to set this up. If at any time you choose to quit the team or are dismissed for violating team policies, all remaining fees for the season will be due immediately.

Fees are all-inclusive monthly payments starting in Aug and continuing through June. Fees include: costumes, tights, rehearsals, choreography, choreography classes, and competition entry and video fees (5 competitions- 4 regional and 1 national). *If additional competitions are added, additional payments will be required.* If events require participant or spectator fees, those payments will be required to be made by the performer and/or guardian.*

Annual Commitment Fee (due July 17, 2026) - non refundable

\$150/per dancer

covers choreography week deposits, competition entry fee deposits, costume deposits, new annual team t-shirt

Dance Moves Company Team Fees (due Aug 1, 2025 - June 1, 2026)

Ignite Team

\$150/month - includes 4 group dances and 1 hour minimum of weekly rehearsals

Glimmers Team

\$275/month - includes 2 group dances and 1 hour minimum of weekly rehearsals

Sparklers Team

\$310/month - includes 2 group dances and 1.5 hours minimum of weekly rehearsals

Fireworks Team

\$420/month - includes 3 group dances and 2 hours minimum of weekly rehearsals

Dynamite Team

\$510/month - includes 4 group dances and 2 hours minimum of weekly rehearsals

Placement on each team is by audition only.

Duet/Trio

\$185/month - includes 45 min weekly rehearsals

Solo

\$220/month - includes 30 min weekly rehearsals

All company fee payments must be made through the Auto pay system each month (payments will be run with tuition on the 5th of each month)

Convention Fee (expect at least one per season)

prices may change based on convention rates

Dancer = ~\$275-\$400 (depending on # of days)

Observer = \$40/\$50

This fee will be due 2 months prior to convention, in order to get the best rates.

If you choose to compete any dance at the Convention, additional fees will apply

Dance Company Required Classes

Ballet *(at assigned level)*
Dance Technique Class *(at assigned level)*
Stretch and Strengthening or Tumble Class *(at assigned level)*

All company members will be given a 10% discount on their studio class tuition (this does not apply to company fees or sibling fees)

Dance Company Required Dance Wear

Please see Company Required Dancewear attachment for team items required to be purchased. An example of items are listed below:

Company T-shirt for events, Company rehearsal tank, Company Jacket, Company leggings (used for rehearsals and events), Dance shoes (as required for assigned dances) and more

Dance Company Expectations

Follow all studio and company class dress codes (including hair)
Prioritizing Dance attendance (rehearsals and classes) over all other activities
No Cell phone usage in class
Bringing all required equipment to classes and rehearsals
Excellent Conduct (in class/in studio/out of studio/on social media/at school/at home)

Dance Company Required Rehearsals

Each dancer will be required to attend weekly rehearsals. The rehearsal times may be different than those currently in place on the studio schedule.

Rehearsal absences will be limited to 2 per season total. If more rehearsals are missed, the dancer will need to reconsider his/her participation in the company team. There are no refunds or credits for missed rehearsals, as well as no refunds or credits if the dancer cannot fulfill his or her commitment and must leave the team. If a make-up is necessary, there may be an additional charge for the instructor's time.

Choosing Teams and Assigning Groups/Dances

The tryout audition allows us to see all new and returning dancers dance together, so we can evaluate technique levels. We are determining the teams based on performance and technical abilities, so your dancer might not be with his/her friends. We will make our decisions about team placement based on what is best for your dancer, as well as what is best for the team as a whole. We want our dancers to be challenged, but not overwhelmed, which is why we make the placements we do.

OUR DECISIONS ARE FINAL.

Communications Expectations

It is imperative that parents and dancers **communicate** in a timely manner with the director or studio representative in regards to injuries, absences, school activities, etc. With good communication we can determine a plan that works for all parties in a reasonable manner. We will use email and the Band App for team communication.

Bay Area Dance Moves

Dance Company

Company Team Contract

IMPORTANT RULES, GUIDELINES & INFORMATION

Philosophy

Our dance company was developed to create a positive environment where dancers can grow as performers and technicians, as well as increase their self-esteem, self-discipline, and pride in their accomplishments. Our dancers will improve their dance technique, become more engaged and enthusiastic, and learn how to be responsible team members. At our studio we value the process, not just the award at the end, and we encourage our dancers to appreciate all accomplishments, no matter how small. The process will help them learn to respect others and themselves. It is important to us that our choreography and costumes are appropriate to each dancer's age and technique level.

What is a Dance Convention?

A dance convention is a weekend-long event. It usually is held at a hotel in the area. The students take classes from about 8AM to 4PM, with a few breaks in between. They take classes in many different dance styles, and learn from instructors from around the country. It is a fun and challenging experience for them.

Being part of our Dance Company

As a Company Dancer you become an integral part of our studio dance family. It is a privilege, which should not be taken lightly. Consider this a "select" team with all the additional benefits as well as the additional commitments.

Placement in our Company is by audition. As a member of our team, you must love dancing! You should enjoy working hard and striving to perfect your performance. Making the team is not an invitation to take it easy, but an invitation to improve to your fullest potential. You must endeavor to do the best you can in all of your dance classes and set a good example for the other students at Bay Area Dance Moves.

Company Dancer Dress Code- Team leotard/top, team leggings, tights, proper shoes, hair in a bun or similarly secured, black shorts or fitted pants are permitted, cover-ups are only allowed during warm-up. If supportive undergarments are visible, limit these to black also.

The instructors need to be able to clearly see your body and lines to correct you. Too many colors or floppy clothes make it more difficult to make corrections on the Team; the instructor should be able to clearly see the lines of each dancer. Leg musculature can be better observed in pale colored tights versus black tights or jazz pants. A plain black, close-fitting T or tank are the only allowable tops for class and rehearsals. Boys- see director for dress requirements. *Dancers coming to class or rehearsal in the incorrect apparel more than twice will need to call home to have the right items brought in and will have to sit out until they arrive. This will count as an absence if not rectified.*

As a Company Dancer, we expect full dedication to your team. It is understood that things come up, but slacking off will not be tolerated. Roll will be kept at all times and will be reviewed regularly for problems. The

director (with teacher input) has the authority to pull dancers from a performance or competition for missing too many classes and rehearsals. A positive, supportive attitude is also a very important trait for our Company Dancers, during class as well as when we are performing in public.

Company Dancers must have excellent attendance. No more than 10% of class days may be missed per season (Aug-June). The class absence rule applies to all your required technique and ballet classes. It is simply not fair for the other Company Dancers to be held back because of someone else's repeated absences. You should at least come to observe class whenever possible. Missed classes should be made up either in another class or by private lesson if necessary. Any unexcused absences may be grounds for dismissal.

We try to have our complete schedule for the year set by late-September. Please inform the studio, in writing, of any anticipated commitments or scheduling conflicts for the year by August

14th (i.e. band trips, choir concerts, academic tournaments, religious ceremonies, etc.). For conflicts that arise later in the year, please send in writing any reason for classes unattended prior to the event if it is known, or upon the dancer's return if it was sudden. Written notes or emails should come from a parent please, not from the student. It is important for teachers to know when you will not be in class, especially when setting or rehearsing numbers. A phone call to the studio stating the reason for a sudden absence is appreciated but does not replace a written note or email. If no phone call or note is received, dismissal from the team or removal from the next performance may occur. Likewise, dismissal may occur for excessive absences.

The skills and dedication learned by being a Company Dancer can help make you a better student and athlete. It also makes you an attractive participant in studio activities and community theater events. When planning your activity schedule for the year Company Dancers are asked to think carefully and not to overbook themselves. Too many commitments leave everyone short-changed.

Company Guidelines

Missing classes or rehearsals in the two weeks before a performance or competition may result in not being allowed to dance in one or more of your pieces. Your entry fees will be forfeited.

The rehearsal schedule is set at the beginning of the season. (we will work with solos to choose times with the dancers). If a dancer will be absent from any rehearsal, they need to let the studio, the Company Program Manager, and the teacher know in writing ahead of the absence.

Rehearsals will NOT be rescheduled for absences by the dancer(s), including solos and duets (this includes missing rehearsals due to approved school events). If additional rehearsals are needed, they can be scheduled through private lessons.

Dancers recovering from injuries also may be asked to sit out of a performance if unable to dance full out by at least the 2 weeks prior.

Company Dancers should arrive to class early so that you can be dressed, stretched out and ready to go when class begins. Late arrival or being unprepared for class may result in probation or counted as an absence (includes bringing required dance shoes).

Company Dancers must respect the property of others. Stealing, purposeful breakage or other destructive behavior will not be tolerated and will result in probation and possible dismissal from your team and the studio.

As a Company Dancer, you are required to keep your grades up. You must be responsible for your homework and managing your schedule well so that your work is done in a timely manner. If your grades start suffering because of dance, your parents and your dance instructor will decide if you should restrict your dancing schedule until academic improvement is sufficient for you to resume.

Company Dancers are expected to be respectful to all teachers, fellow dancers and parents. Our staff strives to promote high moral and ethical standards of behavior in our students.

As a Company Dancer, please conduct yourself in a manner consistent with these standards, in class and in public. You will be representing your team as well as Bay Area Dance Moves. *Inappropriate behavior towards your teachers, fellow dancers and/or parents may result in probation or dismissal.* No discussion of inappropriate subject matter is permitted, especially when other younger dancers are present. When at competitions and performing in public places, you must always be on your very best behavior as a representative of your team and Bay Area Dance Moves.

Use of Facebook, Twitter, Instagram, LinkedIn, Snapchat, blogging and other social media outlets is commonplace. This policy is intended to provide Bay Area Dance Moves parents and students guidelines for the use of social media.

You do not have permission to reveal any information that compromises Bay Area Dance Moves. By that we mean the sharing of personal information about the director, staff, students and/or their families or any proprietary and/or confidential information is strictly prohibited.

Students and parents should neither claim nor imply that they are speaking on behalf of Bay Area Dance Moves.

Use discretion when posting pictures, including those of other students at Bay Area Dance Moves. Obey copyright laws.

Never post anything that could compromise self-esteem of students attending Bay Area Dance Moves.

Do not post anything inappropriate (as determined by the Studio Director); this affects you individually as well as the Company and Studio image and perception to others.

If you post videos of classes, rehearsals or competition performances, don't post any choreography in its entirety. Bay Area Dance Moves owns the copyright to all choreography presented at the studio.

Respect the law, including those laws governing defamation, discrimination, harassment, copyright and fair use. Parents and students should never post negative comments about other studios, teachers, or events, including competitions, conventions and performances.

Any inappropriate or slanderous remarks about Bay Area Dance Moves students or its staff members on any social media site (not limited to, but including Facebook, Twitter, Instagram, etc.) will be cause for immediate dismissal from the studio. You will be responsible for any and all outstanding fees due.

Company Dancers must come to class knowing their choreography. *Keeping a notebook* and music playlist to practice with is highly recommended! Attending class without knowing steps of the previous week may result in removal from all or a part of the piece. If you miss a class it is your responsibility to find out and learn what you missed even if this means getting together with teammates or scheduling and paying for a private lesson with the instructor.

Timely arrival at performances is a must. You need plenty of time to be prepared. You will be given specific check in times. We expect our Company Dancers to attend as much of the event as possible, whether or not they are performing on a particular day. We work as a team, always available to support each other.

Most performance opportunities are on Fridays, Saturdays and Sundays. Parents and students must be willing to give up some of their weekends to be on a team. We often do not get exact days and times until 5-7 days before said performance so your flexibility is also important. **If you have dates you know you cannot participate we must have these in writing by Sept. 8th.** Otherwise everyone is expected to participate in every performance. In the case of serious illness or injury, you may need to lend your costume to a substitute dancer.

Extra rehearsals may be called prior to a competition or performance if needed. These may require an additional fee. Attendance at extra practices is mandatory, regular absence rules apply.

As a Company Dancer you must realize that each performance is an opportunity to showcase your growth. You should realize as a Company Dancer that doing your best should be your own personal goal. Through participation in these various performances, we hope to instill in our students an appreciation for other dancers and studios. We hope to motivate both students and faculty by exposing them to the highest caliber of talent available. Only then can we produce the best dancers and teachers possible.

Company Dancers will not only be supportive of fellow students, but will set a good example by applauding and cheering for other Teams as well. Good sportsmanship is always the best thing for everyone involved. It is also important that you watch as many of the other dances as possible, especially the other Company dances.

Bay Area Dance Moves

Company Contract

Dancer: _____

By agreeing to be a member of Dance Moves Company understand that this is a 11-month commitment, from August 2026 through June 2027, that includes attending all scheduled team classes, rehearsals, performances, and travel destinations and that I am expected to dance in every scheduled performance.

By accepting this position, I am giving the director my commitment that I will take the Company and all its endeavors seriously. I will put my family and academics as the first priority in my life, and the Company will be my second priority. I will always respect the students with whom I dance, and I will give the director and any instructors that same respect. If at any time I have a dance-related problem, I will personally contact the director for help or guidance.

I understand that practicing my dance and stretching are important aspects of being a part of this team and I will put forth efforts not only in class but also at home to make sure I know my dance(s) and am working to my full potential by becoming more flexible and perfecting my technique.

I have read the membership guidelines in this contract, the studio policies document, and the merits/demerits handout with my parents/guardians and have discussed the responsibility I am willing to undertake. I understand everything stated in this contract as well as the membership guidelines, and agree to be a conscientious and reliable member of the Company Performance Team.

Bay Area Dance Moves

Company Contract

PARENTS: _____

I understand and have discussed the above statements and the membership guidelines with my child.

I understand that it is only possible to participate in special events and classes because of vigorous fundraising efforts on the part of the parents or the instated monthly fee. I am aware that fundraisers may be set up to benefit the team and I understand that I will punctually pay for any team-related activities not covered by fundraisers. I understand it is necessary to adhere to the payment schedule in the member guidelines in order to ensure that costumes can be ordered & arrive within a timely manner and so that fees can be paid before the time limits set by the director.

I also understand and agree that my child's participation is vital to the instructor and other members of the Team and I understand and agree that I cannot revoke my child's participation in the Company as a punishment or because of activities or commitments we may make at a later date, and that doing so will result in penalties as stated in the team guidelines above and may jeopardize my child's current and future status on the team.

I acknowledge that important information about the team and its upcoming events will be sent home periodically. I understand that it is sometimes necessary to send a response back in writing and that this information is usually needed to finalize planning so my promptness in returning a reply is vital. I will also check electronic notifications via email, website, the team Band app and our Studio Facebook page to keep myself informed of the team activities.

I have read the membership guidelines in this contract, the studio policies document, and the merits/demerits handout with my child and have discussed the responsibilities we are willing to undertake. I understand everything stated in this contract as well as the membership guidelines, and agree to be a supportive and helpful parent member of the Dance Moves Company Team.

Competition Team Agreement

By signing this agreement, you are committing to the Bay Area Dance Moves competition/performance team for the 2026-2027 season. This agreement signifies that you have read, understood, and agreed to adhere to all the information and policies outlined in this competition handbook. As a member of the Bay Area Dance Moves competition/performance team, you acknowledge and agree to the following commitments for the entire competition season:

1. Participation and Attendance:

- You agree to attend all scheduled classes, rehearsals, and competitions, as outlined in the handbook.
- You understand that regular attendance is crucial for team cohesion and individual progress.

2. Adherence to Policies:

- You agree to follow all guidelines, dress codes, and behavior expectations detailed in this handbook.
- You acknowledge the importance of maintaining a positive attitude and respectful conduct towards instructors, peers, and parents.

3. Financial Commitment:

- You agree to meet all financial obligations, including tuition, fees, and any additional costs associated with competitions and events.
- You understand that failure to meet financial commitments may impact your ability to participate in the competition team.

4. Team Spirit and Conduct:

- You agree to support your fellow dancers and contribute positively to the team environment.
- You understand that teamwork and a cooperative spirit are essential for the success of the team.

5. Commitment to Excellence:

- You agree to strive for excellence in all aspects of your participation, including training, rehearsals, and performances.
- You acknowledge that this commitment involves hard work, dedication, and a willingness to accept constructive feedback.
- You agree to fully commit to the team from August 2026 through June 2027.

I have discussed and understand the above statements and understand my responsibilities as a member of Bay Area Dance Moves Company. We both agree to abide by Bay Area Dance Moves Company guidelines and contract. By signing below, both the dancer and parent/guardian confirm their commitment to the Bay Area Dance Moves competition/performance team for the entire 2026-2027 season. This includes a dedication to the outlined expectations, policies, and financial obligations.

Parent/Guardian's Signature: _____

Parent/Guardian's Name (Print): _____

Date: _____

Dancer's Signature: _____

Dancer's Name (Print): _____

Date: _____